

VITAL CONNECTIONS

NEWS & INFORMATION FROM NARBERTH AMBULANCE

SERVING THE COMMUNITIES OF LOWER MERION, NARBERTH, HAVERFORD TOWNSHIP, CONSHOHOCKEN AND WEST CONSHOHOCKEN ■ SPRING 2019

2019 Bike Race Preparations Officially Underway with Kick-off Event

Race Date - August 11



Preparations for the 2019 Bike Race are officially underway starting with a kick-off celebration at The Bercy on April 26.

The 2019 Bike Race is scheduled for August 11, 2019. This year's event follows the same race route as years past, but will feature improved access to

restaurants, the annual car show, businesses and Schaufele Plaza, along with improved barricade placement and communication with race marshals. Lankenau Medical Center and Independence Blue Cross are each returning to sponsor the race for a second straight year.

The Bike Race kick-off event serves as a thank you to the previous year's event donors and is a way to meet new people who share Narberth Ambulance's goal of financial sustainability. The race has been so successful in the past that Narberth Ambulance was able to cover 85 percent of the cost of its newest ambulance using only proceeds from the past two years of the event. The vehicle is the first Narberth-owned ambulance to have the Stryker Power load system, which increases patient safety and reduces injury to the provider during loading and unloading.



Narberth Ambulance Launches Stop the Bleed Bag Training Program for Area Schools

Narberth Ambulance has partnered with area school districts to launch a Stop the Bleed bag training program. Just as automated external defibrillators (AED) are found to be more successful in helping those experiencing sudden cardiac arrest when they are deployed on site, bystanders trained to respond during a bleeding emergency before professional help arrives have also been found to be successful in saving a patient's life.

To provide local schools with the tools and training they need, Narberth has developed an assortment of products to meet the request. Tourniquet and "Stop the Bleed" training has been rolled out within the Lower Merion School District, The Shipley School,

St. James Regional Catholic School, William Penn Charter School, Beth David Reform Congregation, Radnor School District, Perelman Jewish Day School and Waldron Mercy Academy. For more information on products and training, call Al Davey at 610-645-7770.



Active Shooter Drills Help First Responders Stay Prepared for any Emergency Situation



To prepare for an active shooter/mass casualty incident event, Narberth Ambulance, in conjunction with the Lower Merion Police Department, performed multiple active shooter training exercises at The Haverford and Shipley schools.

Studies show that when multiple agencies work together, it translates to a reduction in loss of life. Lower Merion Police and Narberth Ambulance gave a presentation before the simulations began. Then employees at the schools were placed in their normal work spaces, and police were called to respond to a threat on the campuses. EMS was brought in to handle the wounded.

This real time exercise is the best way to prepare for this type of emergency event. Montgomery County emergency dispatchers were on site and provided communication support, and officials from other schools and agencies were also on hand to observe and learn from the exercise.



End of Service for Narberth Ambulance Rehab Unit

A decommissioned SEPTA bus, which found a second life as the Narberth Ambulance rehab unit, ended its service to the company recently. Now officials are asking for support as they search to find its replacement.

This bus served for over eight years and 300 dispatches during its service with Narberth. Deployments included the 2015 Papal visit, Villanova University's two NCAA men's

basketball championships, the 2016 Democratic National Convention in Philadelphia, hundreds of fire standbys, nursing home evacuations and police standbys.

The vehicle's interim replacement does not have the impact or versatility needed to adequately perform the job. Narberth officials are asking for public and private support, as they actively search for a more permanent replacement.



Narberth Ambulance EMS Summer Camp for Kids Returns Summer 2019



EMS Summer Camp for Kids, sponsored by the law firm White and Williams, is set to return for its fifth year this summer! Narberth Ambulance is calling on the next crop of junior life-savers ages 10-14 to learn emergency skills from our trained staff. This year's camp will be held June 17- 21.

In the past, campers have visited places like the 911 emergency call center, learned how to safely crawl in and out of a smoke-filled trailer, and were visited by a medical helicopter and its in-flight crew, who explained when this form of emergency transportation is necessary. Campers have also learned about police fingerprinting, bike safety, stranger danger, first aid and CPR, conducted by the local police department; and had visits from an arson dog, owned by a local fire chief, and a drug-sniffing police dog, to learn about how the dogs are used.

For full details about the camp, call 610-645-7770, stop by the station, located at 101 Sibley Ave., Ardmore, or email Marie Eckman at MarieEckman@narberthambulance.org.

AED Site Management Program



Do you have an AED in your building and don't know who manages it? Are your pads out of date? Is the battery low? Narberth Ambulance will manage your AED pads and batteries for you in order to keep your defibrillator in service. For more information, contact the station at 610-645-7770.

Narberth Ambulance
Main Station
101 Sibley Avenue
Ardmore, PA 19003
NARBERTHAMBULANCE.ORG



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